Senior News May



Travel Destinations & Activities

NOTICE. No evening ceramics classes will not be held at this time. Please come in on Tuesdays and Thursdays during regular class hours.

Peter Pan May 4, \$8 Old Barn Theater 6:00 pm

The Old Barn Theater at Collinston is presenting **Peter Pan.** Will he fly at the OBT and take us all to Neverland? Come with us and find out.

Crystal Hot Springs Wednesdays 1:00 pm Beginning May 6

Did you know that the hot springs are excellent for your health? We will be going to Crystal Hot Springs during warm weather for water aerobics and a brief swim. The May Better Homes & Gardens Magazine features an article on the benefits of Hot Springs and lists Crystal Springs as one of the top five places in the U.S.

Logan Adventure \$10 May 12 at 9:00 am

The Logan DI is our first stop, then on to Willow Park Zoo. Firehouse Pizza is our lunch stop where you can choose pizza, pasta, sandwiches, and salads. After lunch we will continue shopping and then head home. Join us for laughs and great friends.

Dinner Dance with Sage Junction \$5 May 15 from 5:30—9:00 pm

Sage Junction will entertain you at our dinner dance. Dinner starts off the evening with Cornish Hens, Baked Potato Bar, and Strawberry Shortcake for dessert. The band will begin playing at 6.

Pin Trading May 19 11:00 At the Senior Center

Have you wanted to have a Pin Trading Day? Now's your chance to bring your collection to show/trade pieces. This should be a fun event.

Mark it on your calendar.

Wendover, \$18 May 18, 7:30 a.m.

The monthly trip has been scheduled. This is a popular trip since the price has gone down, and is expected to fill up quickly. Please sign up *early* and make your payment at that time. Take your good luck charm with you.

Senior Health and Fitness Day \$5 May 27 from 10-4

Head to Pioneer Park at 10:00 am where the fun begins. The cost for the day will be \$5 per person and includes a T-shirt, hat, lunch and pins for the events you enter. Workshops include Kelly Driscoll at 10:00 on the care and handling of fresh flowers. At 1:30, Alison Johnson RN from Integrity Home Health & Hospice who will present Home Safety and Community Resources. Lunch is from Maddox Ranch House with the Hal Holiday Revue beginning at 11:30. Activities include bowling, fishing, horseshoes, the Gold Medal Mile walk, basketball, ladder golf, and more. Register for prizes and more.

Looking Forward . . .

American West Heritage Center: We have a chance to head back to Logan this month (or schedule in June) for a wagon ride, dinner, and **Romeo & Juliet** (performed outdoors). This is by special arrangement. If you are interested, please let Sarah know a.s.a.p. How many people responding will determine the time and date. The cost will be about \$30.

Oh No! You cancelled it!

Sometimes trips are cancelled because people wait too long to register. Please register early to make a trip a "go" and encourage your friends, too. Payment in full is required within three (3) days of registering to guarantee your seat.

Sage Junction at Center

A fast and rising band in northern Utah—Sage Junction—will be playing for our Dinner Dance on May 15. Described as playing the best country and classic rock, they grab the attention of people of all ages with their energetic sound and tunes.

Some of their regular venues include The Outlaw Saloon, FOE, and the American Legion, seasonally Mountain Vista Days, North Shore Beach Bash, and the Box Elder and Weber County Fairs. Their music includes classics from artists such as George Strait, Keith Urban, Alan Jackson, and Dierks Bentley. Their passion for having fun is evident and prominent in the music played.

Band members include Jeff Rawlings (guitar and vocals); Neal Jensen (acoustic guitar and vocals); Don Rollins (bass and vocals); Dean Leach (lead guitar); Andrew Glasmacher (drums); Marian Smith (steel guitar); and Bart Shane (sound engineer). They have been performing professionally for many years, and you'll find their level of entertainment to be of the highest quality. If you're looking for fun, variety, and an entertaining performance, then you'll love Sage Junction.

Sassy Lassies Head to Renaissance Faire

The Lassies are headed to Marriott-Slaterville for this year's Renaissance Faire May 15 at 10:30 a.m. The cost is \$6 plus a nominal gas fee. You'll be able to find something to eat at the Faire.

There's entertainment and places to sit. Wear good walking shoes. Costume is purely optional.

We will be practicing our kitchen band on May 21 at 1:00-ish our regular meeting. This project will take off in its own direction and fun is guaranteed. Bring your instrument.

June 5: American Fork Idol at the Desert Star Theater in Murray for the evening performance. Tickets have been purchased. Price TBA.